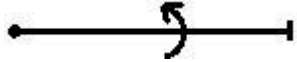
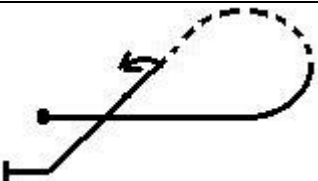
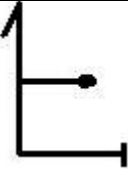
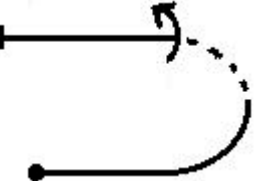

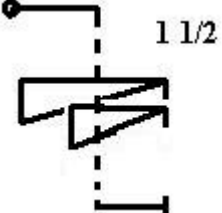
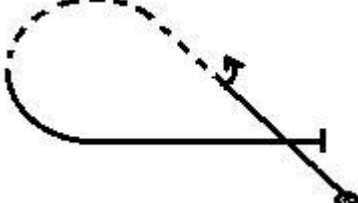
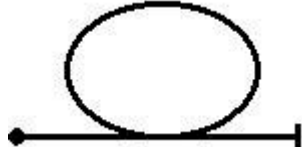
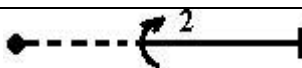


No	Manoeuvre	K Factor	Score	Total	Remarks
1					<b>Aileron Roll</b>
2					<b>Half Cuban Eight</b>
3					<b>Stall Turn</b>
4					<b>Roll of the Top</b>
5					<b>180 Turn</b>
6					<b>One and Half Turn Spin</b>
7					<b>Half Reverse Cuban Eight</b>
8					<b>Loop</b>
9					<b>2-Point Hesitation Roll</b>

**Aerobic Sequence**

**ADVANCED**